



ME

VIKTORIJA UŠKĀNE

ABOUT ME

My name is Viktorija. Im 14, and was born in Latvia. I am studying rhythmic gymnastic and Bergi Music and Art Primary school.

I've been doing rhythmic gymnastic for 10 years and I'm proud of it.

RHYTHMIC GYMNASTIC

- **Rhythmic gymnastics** is a sport in which gymnasts perform on a floor with an apparatus: hoop, ball, clubs, ribbon or rope. The sport combines elements of gymnastics, dance and calisthenics; gymnasts must be strong, flexible, agile, dexterous and coordinated. Rhythmic gymnastics is governed by the International Gymnastics Federation, which first recognized it as a sport in 1963



MY SCHOOL

- Bergi Music and Art school
- I have to drive 10 minutes to school. Our school is very large and beautiful.
- And rhythmic gymnastic take 30 minute drive



THANK YOU!